

Student Nutrition Bureau





Afterschool Snack Program

What is the Afterschool Snack Program?

- The NSLP offers reimbursement to help schools serve snacks to children after school
- Is aimed at promoting the health and well being of children
- A school must provide children with regularly scheduled activities that include educational or enrichment activities



What are the eligibilities?

- Must be operated by a school or school district
- Have organized regularly scheduled activities (i.e. supervised environment)
- The program is “open to all”
Children up to the age of 18





Are there any ASSP's that may not be approved?

- Organized athletic programs may not be approved
- However, afterschool care programs can **INCLUDE** supervised athletic activity

Meal Pattern Requirements for ASSP



- The snack shall contain at least two of the following four components: milk, meat or meat alternate, vegetables or fruits, and a grain
- Minimum serving sizes indicated are for ages 6 - 18.



Milk

A photograph of a white glass filled with milk. A thick stream of milk is being poured from the top, creating a large splash that rises above the rim of the glass. The background is a solid, bright blue color. The word "Milk" is written in a bold, black, sans-serif font, underlined, and positioned at the top center of the image.

- Must be fluid milk
- Serving size 1 cup

Meat or Meat Alternate

Serving Size 1 ounce

- Yogurt must be 4 oz or ½ cup volume
- Lean meat, poultry, fish, cheese, eggs, yogurt (plain or sweetened)





Fruits and Vegetables

Serving Size $\frac{3}{4}$ cups

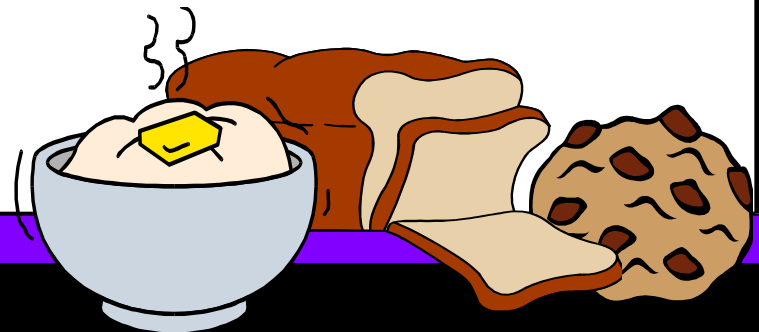
- A serving of vegetable(s) or fruit(s) must be full strength vegetable or fruit juice
- Juice may not be served when milk is served as the other only component



Grains/Breads

Serving size: 1 serving

- ✓ All grain/bread items must be enriched or whole-grain flour, or if it is a cereal, the product must be whole grain, enriched or fortified.





Non Creditable Items



Ice Cream
Aid

Kool

Potato Chips

Lemonade

Popcorn

Pudding

Non Fruited Jell-O



Record Keeping...

MUST MAINTAIN:

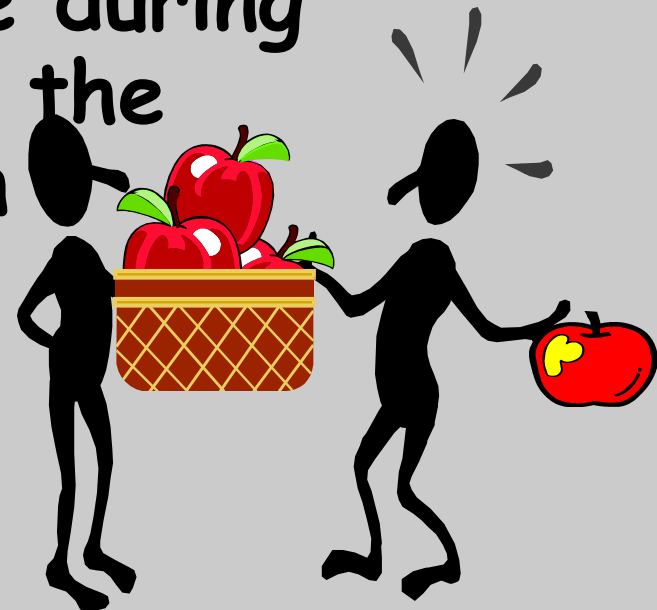
- Documentation of eligibility
- Meal Counts
- Documentation of individual child's attendance
- Document of compliance with meal pattern requirement
- Documentation of educational/enrichment component



REVIEW REQUIREMENTS

School Food Authorities
administering after school snacks
must:

“Review each after school care
program two times a year; the
first review shall be made during
the first four weeks that the
school snack program is in
operation each school
year...”



How will school's be reviewed?

- **Attendance**

Does the school have an attendance list in use in the meal count system

- **Meal Count Recording and Edit Checks**

Does the school used proper procedures for counting and recording snacks?

- **Minimum Meal Pattern Requirements**

Are adequate food production records being maintained?



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